Canadian Sport Helpline

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The Canadian Sport Helpline is a national toll-free helpline offering assistance to victims or witnesses of harassment, abuse or discrimination in sport.

Offered in partnership by the <u>Sport Dispute Resolution Centre of Canada</u> (SDRCC) and the <u>Canadian</u> <u>Centre for Mental Health in Sport</u> (CCMHS), this anonymous, confidential, independent service allows people to share and validate their concerns, obtain guidance on required next steps, and get referrals to other resources for follow up.

A CCMHS team of practitioners with expertise in counselling, psychology and sport act as helpline operators.

Access the helpline toll free from 8 a.m. to 8 p.m. (Eastern Time), seven days a week by telephone, text, live chat or email in both official languages.

- Visit: <u>abuse-free-sport.ca</u>
- Email: <u>info@abuse-free-sport.ca</u>
- Call or text: 1-888-83SPORT (1-888-837-7678)

The Canadian Sport Helpline is funded by Government of Canada.

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